SEWL Guest Athletes Results

U17 Men

100m	0	Name	Club	Perf	
1					
2					
200m	1				
1	245	Daniel Lester	Cwmbran	26.0	U17
2					
400m	0				
1					
2					
800m	0				
1					
2					
1500m	0				
1					
2					
3000m	0				
1					
2					
100H	0				
1					
2					
HJ:	0				
1					
2					
LJ:	0				
1					
2					
TJ:	0				
1					
2					
SP:	0				
1					
2					
DT:	0				
1					
2					
JT	0				
1					
2					

U15 Boys

100m	2	Name	Club	Perf		
1	457	Mannon Saleemi	Newport	12.8		
2	249	Lewis Hinwood	Cwmbran	13.6	U15	
200m	0					
1						
2						
400m	0					
1						
2						
800m	0					
1						
2						
1500m	0					
1						
2						
3000m	0					
1						
2						
80H	0					
1						
2						
HJ:	0					
1						
2						
LJ:	1					
1	322	Jon Barnes	Hereford	3.81	U15	
2						
TJ:	0					
1						
2						
SP:	0					
1						
2						
DT:	0					
1						
2						
JT	1					
1	248	Gareth Davies	Cwmbran	18.13	U13	
2						

U13 Boys

100m	1	Name	Club	Perf	
1	246	Tom Norton	Cwmbran	15.6	U13
200m	1				
1	244	James Hanrahan	Cwmbran	30.7	U13
2					
800m	0				
1					
2					
1500m	0				
1					
2					
75H	0				
1					
2					
HJ:	0				
1					
SP:	0				
1					
2					
DT:	0				
1					
2					
LJ	1				
1	607	Dillon Yates	Rhymney Valley	3.16	U13
SP:	0				
1					
2					
DT:	0				
1					
2					
JT	1				
1	246	Tom Norton	Cwmbran	28.15	U13
2					

UNDER 11 BOYS

75m	2	Name	Club	Perf	
1	318	Luke Phillips	Hereford	13.0	U11
2	478	Elliott Stuckey	Newport	13.3	
150m	2				
1	315	Dan Costello	Hereford	26.7	U11
2	318	Luke Phillips	Hereford	27.3	U11
800m	1				
1	319	Harry Milikin	Hereford	3.26.0	U11
LJ:	1				
1	488	Ben Macey	Newport	3.30	U11
	317	Kyle Willis	Hereford	3.11	U11
	315	Dan Costello	Hereford	2.94	U11
	316	Jonathon Grech	Hereford	2.84	U11
SP:	0				
1					
JT:	3				
1	502	Liam Simons	Rhondda	8.62	U11
2	501	Calum Simons	Rhondda	8.59	U11
3	319	Harry Milikin	Hereford	6.74	U11