

U13 Girls 100m		3:40 PM	Record	13.1									
1A	Rebecca Scott	N	Newport	14.5	8	G3	1B	Stephanie Kinsey	NN	Newport	14.7	8	G4
2A	Bethan Risdale	H	Hereford	14.8	7	G4	2B	Megan Risdale	HH	Hereford	15.5	7	
3A	Amy Nash	C	Cwmbran	15.4	6		3B	Nadia Strange	CC	Cwmbran	16.1	6	
4A	Clare Thompson	A	Aberdare	15.8	5			<i>Latasha Allen</i>	<i>618</i>	<i>Gst/Npt</i>	<i>14.9</i>		G4
								<i>Sarah Jones</i>	<i>328</i>	<i>Gst/Her</i>	<i>15.1</i>		G4
								<i>Lauren Archer</i>	<i>616</i>	<i>Gst/Npt</i>	<i>15.4</i>		
								<i>Chloe Griffiths</i>	<i>326</i>	<i>Gst/Her</i>	<i>17.8</i>		
U13 Girls 200m		2:30 PM	Record	27.3									
1A	Stephanie Kinsey	N	Newport	29.6	8	G3	1B	Rebecca Scott	NN	Newport	29.6	8	G3
2A	Bethan Risdale	H	Hereford	30.0	7	G3	2B	Megan Risdale	HH	Hereford	31.0	7	G4
3A	Amy Nash	C	Cwmbran	31.9	6		3B	Nadia Strange	CC	Cwmbran	33.3	6	
4A	Clare Thompson	A	Aberdare	33.1	5			<i>Lauren Archer</i>	<i>616</i>	<i>Gst/Npt</i>	<i>30.8</i>		G4
5A	Beth Morley	V	Rhymney Valley	34.8	4			<i>Natasha Lewis</i>	<i>255</i>	<i>Gst/Cwm</i>	<i>31.8</i>		
								<i>Melissa Arthur</i>	<i>617</i>	<i>Gst/Npt</i>	<i>33.8</i>		
U13 Girls 800m		4:00 PM	Record	2:32.1									
1A	Ellie Leek	C	Cwmbran	2:45.9	8	G3	1B	Kate Parker	HH	Hereford	3:11.6	8	
2A	Jade Williams	H	Hereford	2:56.6	7	G4							
3A	Nia James	N	Newport	3:04.7	6								
4A	Katie Mathias	A	Aberdare	3:06.1	5								
5A	Becky Wall	V	Rhymney Valley	3:08.6	4								
6A	Chelsie Sims	R	Rhondda	3:08.7	3								
U13 Girls 1500m		3:00 PM	Record	5:00.9									
1A	Mary McLeod	H	Hereford	6:13.9	8								
U13 Girls 70m H		1:00 PM	Record	11.8									
1A	Latasha Allen	N	Newport	13.8	8	G3							
2A	Mary McLeod	H	Hereford	15.0	7								
3A	Amy Nash	C	Cwmbran	16.1	6								
U13 Girls High Jump		4:00 PM	Record	1.41									
1A	Sarah Jones	HH	Hereford	1.26	8	G4	1B	Mary McLeod	H	Hereford	1.20	8	G4
U13 Girls Long Jump		12:30 PM	Record	4.80									
1A	Rebecca Scott	N	Newport	4.09	8	G3		Sarah Jones	617	Gst/Her	4.02		G3
2A	Natasha Lewis	CC	Cwmbran	4.05	7	G3		Melissa Arthur	328	Gst/Npt	3.53		G4
3A	Chloe Griffiths	HH	Hereford	2.95	6								
4A	Clare Thompson	A	Aberdare	2.89	5								
U13 Girls Javelin		1:15 PM	Record	26.70									
1A	Emma Crooke	H	Hereford	18.18	8	G4	1B	Jade Williams	HH	Hereford	12.45	8	
2A	Melissa Arthur	N	Newport	16.41	7	G4	2B	Jessica Bevan	C	Cwmbran	11.29	7	
3A	Ellie Leek	CC	Cwmbran	14.31	6		3B	Chloe Powell	NN	Newport	7.47	6	
4A	Chelsie Sims	R	Rhondda	10.32	5								
U13 Girls Shot		1:45 PM	Record	10.27									
1A	Stephanie Kinsey	NN	Newport	5.64	8	G4	1B	Lauren Archer	N	Newport	5.15	8	
2A	Hannah Kelleher	A	Aberdare	5.12	7								
3A	Bethan Risdale	HH	Hereford	4.81	6								
4A	Jessica Bevan	C	Cwmbran	4.69	5								
U13 Girls Discus		2:30 PM	Record	24.98									
1A	Emma Crooke	H	Hereford	18.06	8	G3	1B	Chloe Griffiths	HH	Hereford	11.34	8	
2A	Chelsie Sims	R	Rhondda	14.35	7								
3A	Becky Wall	V	Rhymney Valley	12.82	6								