

	U20 Women 100m	3:40 PM	Record	12.0					
1A	Kirsty Crane	NN	Newport	14.7	8				
	U20 Women 200m	2:30 PM	Record	24.6					
1A	Tanith Booth	C	Cwmbran	28.6	8				
	U20 Women 400m	4:30 PM	Record	64.4					
1A	Tanith Booth	C	Cwmbran	71.5	8				
	U20 Women 800m	4:00 PM	Record	2:33.7					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women 1500m	3:00 PM	Record	5:27.6					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women 3000m	1:30 PM	Record	10:54.2					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women 100m H	1:00 PM	Record	12.4					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women High Jump	2:30 PM	Record	1.30					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women Long Jump	1:15 PM	Record	5.04					
1A	Jessica Robinson	N	Newport	4.33	8	1B	Kirsy Crane	NN	Newport
2A	Anna Robertson	H	Hereford	4.14	7				3.68
3A	Tanith Booth	C	Cwmbran	4.12	6				8
	U20 Women Triple Jump	4:00 PM	Record	9.16					
1A	No Athletes Dec		No Athlete Dec						
	U20 Women Javelin	1:45 PM	Record	19.32					
1A	Anna Robertson	H	Hereford	15.15	8				
	U20 Women Shot	12:30 PM	Record	11.05					
1A	Anna Robertson	H	Hereford	8.12	8				
2A	Jessica Robinson	N	Newport	7.87	7				
	U20 Women Discus	3:15 PM	Record	31.63					
1A	Louise Ali	A	Aberdare	28.03	8				
2A	Jessica Robinson	N	Newport	22.19	7				
	U20 Men 100m	3:40 PM	Record	10.9					
1A	Nigel Jones	V	Rhymney Valley	12.2	8				
2A	Oliver Wright	H	Hereford	12.6	7				
	U20 Men 200m	2:30 PM	Record	22.5					
1A	No Athletes Dec		No Athlete Dec						
	U20 Men 400m	4:30 PM	Record	51.0					
1A	Simon Barnard	C	Cwmbran	51.8	8	G3			
2A	Nigel Jones	V	Rhymney Valley	57.8	7				
	U20 Men 800m	4:00 PM	Record	2:05.4					
1A	Matthew Wreford	N	Newport	2:08.3	8				
	U20 Men 1500m	3:00 PM	Record	4:36.9					
1A	No Athletes Dec		No Athlete Dec						
	U20 Men 3000m	1:30 PM	Record	9:34.7					
1A	No Athletes Dec		No Athlete Dec						
	U20 Men 110m H	1:00 PM	Record	20.5					
1A	No Athletes Dec		No Athlete Dec						
	U20 Men High Jump	2:30 PM	Record	1.76					
1A	Daniel Williams	A	Aberdare	1.60	8				
	U20 Men Long Jump	1:15 PM	Record	6.49					
1A	Daniel Williams	A	Aberdare	5.69	8				
	U20 Men Triple Jump	4:00 PM	Record	11.60					
1A	Daniel Williams	A	Aberdare	11.81	8				NEW AGE GROUP RECORD
	U20 Men Javelin	1:45 PM	Record	43.74					
1A	Oliver Wright	H	Hereford	42.18	8	G3			
	U20 Men Shot	3:15 PM	Record	11.87					
1A	Oliver Wright	H	Hereford	10.35	8				
	U20 Men Discus	4:30 PM	Record	40.60					
1A	No Athletes Dec		No Athlete Dec						