

# Welsh Athletics 2006 U17 Men Junior League

		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>12:55 PM</b>		<b>U17 Record 100m</b>			<b>11.2</b>	<b>Lloyd Refell</b>		<b>Cardiff AC Men's 100m</b>			
1st	F	Rhys Knapman	Barry & Vale	12.0	16	4	1st	TT	Josh Higgins	Cardiff	13.2
2nd	G	Jamie Mayers	Cwmbran	12.1	14	4	2nd	GG	Daniel Norton	Cwmbran	14.5
3rd	T	Hastings Machunga	Cardiff	12.5	12		3rd		#N/A		6
4th	B	Ben Richards	Brecon	13.9	10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2
8th		#N/A			2		8th		#N/A		1
		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>3:15 PM</b>		<b>U17 Record 200m</b>			<b>22.7</b>	<b>Calvin McLaggon</b>		<b>Barry &amp; Vale 200m</b>			
1st	F	Rhys Knapman	Barry & Vale	23.7	16	3	1st	GG	Daniel Norton	Cwmbran	28.8
2nd	G	Jamie Mayers	Cwmbran	24.1	14	4	2nd		#N/A		7
3rd	T	Hastings Machunga	Cardiff	24.9	12		3rd		#N/A		6
4th		#N/A			10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2
8th		#N/A			2		8th		#N/A		1
		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>3:25 PM</b>		<b>U17 Record 400m</b>			<b>51.1</b>	<b>Iain Hunt</b>		<b>Cwmbran Harriers 400m</b>			
1st	B	Chris Protheroe	Brecon	57.2	16		1st		#N/A		8
2nd	T	Ali Solhjoo	Cardiff	57.7	14		2nd		#N/A		7
3rd		#N/A			12		3rd		#N/A		6
4th		#N/A			10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2
8th		#N/A			2		8th		#N/A		1
		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>2:55 PM</b>		<b>U17 Record 800m</b>			<b>2.08.5</b>	<b>Rob Lightfoot</b>		<b>Wrexham AC 800m</b>			
1st	B	Chris Protheroe	Brecon	2.08.5	16	4	1st		#N/A		8
2nd	T	Ali Solhjoo	Cardiff	2.10.0	14	4	2nd		#N/A		7
3rd		#N/A			12		3rd		#N/A		6
4th		#N/A			10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2
8th		#N/A			2		8th		#N/A		1
		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>4:35 PM</b>		<b>U17 Record 1500m</b>			<b>4.07.0</b>	<b>David Jones</b>		<b>Carmarthen Harriers 1500m</b>			
1st	G	Jamie Bussell	Cwmbran	4.31.3	16	4	1st		#N/A		8
2nd	T	Tom Hall	Cardiff	4.31.9	14	4	2nd		#N/A		7
3rd		#N/A			12		3rd		#N/A		6
4th		#N/A			10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2
8th		#N/A			2		8th		#N/A		1
		Name	Club	Perf.	Pos			Name	Club	Perf.	
<b>1:15 PM</b>		<b>U17 Record 1500m s/c</b>			<b>4.54.0</b>	<b>Mitchell Aspland</b>		<b>Neath Harriers 1500m s/c</b>			
1st	G	Jamie Bussell	Cwmbran	5.04.2	16	4	1st		#N/A		8
2nd		#N/A			14		2nd		#N/A		7
3rd		#N/A			12		3rd		#N/A		6
4th		#N/A			10		4th		#N/A		5
5th		#N/A			8		5th		#N/A		4
6th		#N/A			6		6th		#N/A		3
7th		#N/A			4		7th		#N/A		2

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8th				8th									
#N/A				#N/A									
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
14.1				14.1									
Daniel Evans				Daniel Evans									
Carmarthen Harriers				Carmarthen Harriers									
1:55 PM	100m Hurdles	<b>NEW RECORD</b>	1	1:55 PM	100m Hurdles		0						
1st	No Athetes Dec		16	1st	#N/A		8						
2nd	#N/A		14	2nd	#N/A		7						
3rd	#N/A		12	3rd	#N/A		6						
4th	#N/A		10	4th	#N/A		5						
5th	#N/A		8	5th	#N/A		4						
6th	#N/A		6	6th	#N/A		3						
7th	#N/A		4	7th	#N/A		2						
8th	#N/A		2	8th	#N/A		1						
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
58.1				58.1									
Glenn Williams				Glenn Williams									
Cardiff AC				Cardiff AC									
12:10 PM	400m Hurdles		1	12:10 PM	400m Hurdles		0						
1st	G	Jamie Guteridge	Cwmbran	60.5	16	2	1st	#N/A	8				
2nd		#N/A			14		2nd	#N/A	7				
3rd		#N/A			12		3rd	#N/A	6				
4th		#N/A			10		4th	#N/A	5				
5th		#N/A			8		5th	#N/A	4				
6th		#N/A			6		6th	#N/A	3				
7th		#N/A			4		7th	#N/A	2				
8th		#N/A			2		8th	#N/A	1				
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
2.05				2.05									
Sam Hood				Sam Hood									
Cardiff AC				Cardiff AC									
3:00 PM	High Jump		1	3:00 PM	High Jump		1						
1st	TT	Josh Higgins	Cardiff	1.80	16	3	1st	T	Lewis Long	Cardiff	1.75	8	3
2nd		#N/A			14		2nd		#N/A			7	
3rd		#N/A			12		3rd		#N/A			6	
4th		#N/A			10		4th		#N/A			5	
5th		#N/A			8		5th		#N/A			4	
6th		#N/A			6		6th		#N/A			3	
7th		#N/A			4		7th		#N/A			2	
8th		#N/A			2		8th		#N/A			1	
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
6.88				6.88									
Ricardo Childs				Ricardo Childs									
Brecon AC				Brecon AC									
12:45 PM	Long Jump		2	12:45 PM	Long Jump		0						
1st	BB	Simon Jeffreys	Brecon	4.60	16		1st		#N/A			8	
2nd	T	Robert Green	Cardiff	2.02	14		2nd		#N/A			7	
3rd		#N/A			12		3rd		#N/A			6	
4th		#N/A			10		4th		#N/A			5	
5th		#N/A			8		5th		#N/A			4	
6th		#N/A			6		6th		#N/A			3	
7th		#N/A			4		7th		#N/A			2	
8th		#N/A			2		8th		#N/A			1	
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
4.25				4.25									
Paul Walker				Paul Walker									
Cardiff AC				Cardiff AC									
11:30 AM	Pole Vault		1	11:30 AM	Pole Vault		0						
1st	1	No Athetes Dec			16		1st		#N/A			8	
2nd		#N/A			14		2nd		#N/A			7	
3rd		#N/A			12		3rd		#N/A			6	
4th		#N/A			10		4th		#N/A			5	
5th		#N/A			8		5th		#N/A			4	
6th		#N/A			6		6th		#N/A			3	
7th		#N/A			4		7th		#N/A			2	
8th		#N/A			2		8th		#N/A			1	
Name				Name									
Club				Club									
Perf.				Perf.									
U17 Record				U17 Record									
2002				2002									
Craig Phillips				Craig Phillips									
Deeside AC				Deeside AC									
4:30 PM	Triple Jump		2	4:30 PM	Triple Jump		0						
1st	TT	Josh Higgins	Cardiff	12.67	16	2	1st		#N/A			8	
2nd	B	Jonathan Worgan	Brecon	10.72	14		2nd		#N/A			7	
3rd		Craig Offord	Guest / Cwm	10.52	12		3rd		#N/A			6	
4th		Lewis Shaw	Guest / Cwm	8.76	10		4th		#N/A			5	
5th		#N/A			8		5th		#N/A			4	
6th		#N/A			6		6th		#N/A			3	

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7th		#N/A				4	7th	#N/A			2
8th		#N/A				2	8th	#N/A			1
		<u>Name</u>	<u>Club</u>	<u>Perf.</u>				<u>Name</u>	<u>Club</u>	<u>Perf.</u>	
		<b>U17 Record</b>			<b>54.80</b>		<b>Glenn Williams</b>			<b>Cardiff AC</b>	
	<b>11:00 AM</b>	<b>Hammer</b>			<b>1</b>		<b>12:30 PM</b>	<b>Hammer</b>			<b>0</b>
1st	N	Jacob Matthews	Newport	30.15	16	4	1st	#N/A			8
2nd		#N/A			14		2nd	#N/A			7
3rd		#N/A			12		3rd	#N/A			6
4th		#N/A			10		4th	#N/A			5
5th		#N/A			8		5th	#N/A			4
6th		#N/A			6		6th	#N/A			3
7th		#N/A			4		7th	#N/A			2
8th		#N/A			2		8th	#N/A			1
		<u>Name</u>	<u>Club</u>	<u>Perf.</u>		<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Perf.</u>		
		<b>U17 Record</b>			<b>2005</b>	<b>52.20</b>	<b>Michael John</b>			<b>Carmarthen Harriers</b>	
	<b>1:30 PM</b>	<b>Javelin</b>			<b>3</b>		<b>1:30 PM</b>	<b>Javelin</b>			<b>0</b>
1st	B	Ben Richards	Brecon	31.74	16	1st	#N/A				8
2nd	U	Anthony Halling	Rhondda	30.96	14	2nd	#N/A				7
3rd	T	Lewis Long	Cardiff	28.32	12	3rd	#N/A				6
4th		#N/A			10	4th	#N/A				5
5th		#N/A			8	5th	#N/A				4
6th		#N/A			6	6th	#N/A				3
7th		#N/A			4	7th	#N/A				2
8th		#N/A			2	8th	#N/A				1
		<u>Name</u>	<u>Club</u>	<u>Perf.</u>		<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Perf.</u>		
		<b>U17 Record</b>			<b>14.86</b>		<b>Glenn Williams</b>			<b>Cardiff AC</b>	
	<b>3:00 PM</b>	<b>Shot Putt</b>			<b>3</b>		<b>3:00 PM</b>	<b>Shot Putt</b>			<b>0</b>
1st	N	Jacob Matthews	Newport	11.66	16	4	1st	#N/A			8
2nd	U	Anthony Halling	Rhondda	11.31	14	4	2nd	#N/A			7
3rd	B	Jonathan Worgan	Brecon	10.03	12	3rd	#N/A				6
4th		#N/A			10	4th	#N/A				5
5th		#N/A			8	5th	#N/A				4
6th		#N/A			6	6th	#N/A				3
7th		#N/A			4	7th	#N/A				2
8th		#N/A			2	8th	#N/A				1
		<u>Name</u>	<u>Club</u>	<u>Perf.</u>		<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Perf.</u>		
		<b>U17 Record</b>			<b>48.38</b>		<b>Glenn Williams</b>			<b>Cardiff AC</b>	
	<b>4:30 PM</b>	<b>Discus</b>			<b>1</b>		<b>4:30 PM</b>	<b>Discus</b>			<b>0</b>
1st	N	Jacob Matthews	Newport	39.60	16	3	1st	#N/A			8
2nd		#N/A			14	2nd	#N/A				7
3rd		#N/A			12	3rd	#N/A				6
4th		#N/A			10	4th	#N/A				5
5th		#N/A			8	5th	#N/A				4
6th		#N/A			6	6th	#N/A				3
7th		#N/A			4	7th	#N/A				2
8th		#N/A			2	8th	#N/A				1
		<u>Names</u>	<u>Club</u>	<u>Perf.</u>		<u>Pos</u>	<u>Names</u>	<u>Club</u>	<u>Perf.</u>		
		<b>U17 Record</b>			<b>45.2</b>		<b>Cardiff AC</b>				
	<b>5:20 PM</b>	<b>4 x 100 relay</b>			<b>1</b>						
1st	B	Jonathan Worgan, Ben Richards, Simon Jeffreys, Chris Prothero	Brecon	52.9	16						
2nd		#N/A			14						
3rd		#N/A			12						
4th		#N/A			10						
5th		#N/A			8						
6th		#N/A			6						
7th		#N/A			4						
8th		#N/A			2						

Position	Clubs	Points
1	Cardiff	140
2	Brecon	116
3	Cwmbran	72
4	Newport	48
5	Barry & Vale	32
6	Rhondda	28
7	Amman V	16
8	Rhymney V	0