

Welsh Athletics 2006 U13 Grils Junior League - CUP FINAL

		U13 Record	2003	13.2	Emily Mitchell			Carmarthen Harriers					
12:35 PM		100m	EQUAL AGE GROUP RECORD										
1A	T	Sara Otung	Cardiff	13.2	16	G1	1B	DD	Gemma Williams	Deeside	14.2	8	G3
2A	M	Eleanor Rowland	Pembroke	13.5	14	G2	2B	TT	Lauren McCarthy	Cardiff	14.2	7	G3
3A	R	Leah Beynon	Carmarthen	14.3	12	G3	3B	MM	Jess Harries	Pembroke	14.3	6	G3
4A	D	Katie Griffiths	Deeside	14.3	10	G3	4B	BB	Alice Wolstenholme	Brecon	14.8	5	G4
5A	W	Chloe Jones	Wrexham	14.7	8	G4	5B	RR	Catrin Rees	Carmarthen	15.1	4	G4
6A	B	Ffion Price	Brecon	15.0	6	G4	6B	WW	Katie Keen	Wrexham	15.3	3	
7A	S	Nicola Jones	Swansea	15.6	4		7B	QQ	Nadia Strange	Cwmbran	15.9	2	
8A	Q	Amy Nash	Cwmbran	15.7	2		8B	SS	Holly Powell	Swansea	16.2	1	

		U13 Record	2003	27.5	Emily Mitchell			Carmarthen Harriers					
3:50 PM		200m	NEW AGE GROUP RECORD										
1A	T	Sara Otung	Cardiff	27.4	16	G1	1B	TT	Jamie-Lee Bowen	Cardiff	29.1	8	G3
2A	M	Lauren Bell	Pembroke	29.2	14	G3	2B	MM	Meghan Good	Pembroke	30.4	7	G4
3A	R	Leah Beynon	Carmarthen	30.2	12	G4	3B	RR	Catrin Rees	Carmarthen	31.3	6	
4A	D	Katie Griffiths	Deeside	30.4	10	G4	4B	BB	Genevieve Matthews	Brecon	31.9	5	
5A	S	Emily Morris	Swansea	31.0	8	G4	5B	SS	Rhiannon Thomas	Swansea	32.5	4	
6A	W	Chloe Jones	Wrexham	32.0	6		6B	QQ	Nadia Strange	Cwmbran	34.5	3	
7A	Q	Amy Nash	Cwmbran	32.5	4								
8A	B	Charlotte Brooks		32.5	2								

		U13 Record	2005	2:27.2	Jade Williams			Swansea Harriers					
1:45 PM		800m											
1A	M	Lauren Bell	Pembroke	2:29.1	16	G1	1B	TT	Lucy Harvey	Cardiff	2:43.7	8	G3
2A	T	Heledd Williams	Cardiff	2:40.1	14	G3	2B	MM	Meghan Good	Pembroke	2:50.6	7	G4
3A	D	Sian Messham	Deeside	2:42.8	12	G3	3B	SS	Holly Powell	Swansea	2:55.6	6	G4
4A	B	Rhianwedd Price	Brecon	2:46.9	10	G3	4B	BB	Larrisa Jones	Brecon	3:32.2	5	
5A	R	Jodie Jones	Carmarthen	2:52.2	8	G4							
6A	S	Rhiannon Thomas	Swansea	2:54.7	6	G4							

		U13 Record	0	5:00.5	Non Stanford			Swansea Harriers					
4:05 PM		1500m											
1A	B	Ffion Price	Brecon	5:15.5	16	G2	1B	RR	Rhiannon Plant	Carmarthen	5:36.7	8	G3
2A	M	Megan Withers	Pembroke	5:27.9	14	G3	2B	MM	Josie Lewis	Pembroke	5:50.5	7	G4
3A	R	Amy Roberts	Carmarthen	5:36.2	12	G3	3B	T	Bethan Daw	Cardiff	5:52.8	6	G4
4A	TT	Thea Lawson	Cardiff	5:36.5	10	G3	4B	WW	Jess Murray	Wrexham	6:26.1	5	
5A	Q	Ellie Leek	Cwmbran	5:39.8	8	G3	5B	BB	Genevieve Matthews	Brecon	6:54.6	4	
6A	W	Jessica Bailey	Wrexham	5:48.8	6	G4							

		U13 Record	2006	11.9	Stacey Collins			Neath Harriers					
3:00 PM		70m Hurdles	EQUAL AGE GROUP RECORD										
1A	M	Eleanor Rowland	Pembroke	11.9	16	G1	1B	MM	Olivia Jones	Pembroke	12.5	8	G2
2A	T	Megan Thomas	Cardiff	12.2	14	G2	2B	DD	Gemma Williams	Deeside	12.8	7	G3
3A	R	Linos Emanuel	Carmarthen	12.7	12	G2	3B	RR	Rhiannon Plant	Carmarthen	13.1	6	G3
4A	S	Kimberley Davies	Swansea	12.8	10	G2	4B	SS	Jessica Geere	Swansea	14.5	5	G4
5A	D	Rachel Trotter	Deeside	12.8	8	G2	5B	WW	Jessica Bailey	Wrexham	14.6	4	G4
6A	W	Lydia David	Wrexham	14.4	6	G4	6B	TT	Elinor Davies	Cardiff	15.9	3	

		U13 Record	2005	1.50	Hannah Thomas			Wrexham AC					
12:00 PM		High Jump											
1A	M	Helena Madan	Pembroke	1.40	16	G1	1B	MM	Olivia Jones	Pembroke	1.25	8	G4
2A	S	Kimberley Davies	Swansea	1.35	14	G2	2B	DD	Sian Messham	Deeside	1.20	7	G4
3A	W	Chloe Jones	Wrexham	1.35	12	G2	3B	SS	Bethan Jones	Swansea	1.15	6	
4A	T	Sara Otung	Cardiff	1.30	10	G3	4B	TT	Bethan Daw	Cardiff	1.10	5	
5A	D	Rachel Trotter	Deeside	1.30	8	G3	5B	RR	Amy Roberts	Carmarthen	1.05	4	
6A	Q	Ellie Leek	Cwmbran	1.20	6	G4	6B	BB	Kirsty Powell	Brecon	1.05	3	
7A	R	Jodie Jones	Carmarthen	1.15	4		7B	WW	Jessica Bailey	Wrexham	1.05	2	
8A	B	Rhianwedd Price	Brecon	1.15	2								

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		<i>U13 Record</i>	<i>2005</i>	<i>4.59</i>	<i>Hannah Thomas</i>			<i>Wrexham AC</i>					
3:00 PM		Long jump											
1A	M	Jess Harries	Pembroke	4.31	16	G2	1B	MM	Helena Madan	Pembroke	4.12	8	G3
2A	D	Rachel Trotter	Deeside	4.18	14	G3	2B	DD	Gemma Williams	Deeside	4.12	7	G3
3A	R	Linos Emanuel	Carmarthen	3.77	12	G4	3B	RR	Rhiannon Plant	Carmarthen	3.76	6	G4
4A	S	Nicola Jones	Swansea	3.59	10	G4	4B	T	Heledd Williams	Cardiff	3.09	5	
5A	B	Kirsty Powell	Brecon	3.54	8	G4	5B	SS	Jessica Geere	Swansea	2.91	4	
6A	TT	Lucy Harvey	Cardiff	3.48	6		6B	BB	Genevieve Matthews	Brecon	2.65	3	
7A	W	Katie Keen	Wrexham	3.08	4								
8A	Q	Jessica Bevan	Cwmbran	2.50	2								

		<i>U13 Record</i>	<i>0</i>	<i>10.37</i>	<i>Nicola Stevenson</i>			<i>Bridgend AC</i>					
12:45 PM		Shot Putt											
1A	MM	Helena Madan	Pembroke	7.85	16	G2	1B	R	Eliw James	Carmarthen	7.66	8	G3
2A	RR	Dawn James	Carmarthen	7.81	14	G2	2B	M	Lucy Griffiths	Pembroke	7.53	7	G3
3A	SS	Nina Prells	Swansea	7.43	12	G3	3B	S	Rhiannon Thomas	Swansea	6.35	6	G4
4A	W	Lydia David	Wrexham	6.29	10	G4	4B	TT	Heledd Williams	Cardiff	4.47	5	
5A	T	Elinor Davies	Cardiff	6.07	8	G4	5B	BB	Gemma Evans	Brecon	3.58	4	
6A	D	Hayley Nuttall	Deeside	6.05	6	G4							
7A	B	Beulah Davies	Brecon	5.88	4	G4							

		<i>U13 Record</i>	<i>2005</i>	<i>27.75</i>	<i>Toni Wells</i>			<i>Swansea Harriers</i>					
1:45 PM		Discus											
1A	R	Eliw James	Carmarthen	17.04	16	G4	1B	S	Kathryn Phillips	Swansea	11.17	8	
2A	BB	Lily Snape	Brecon	15.75	14	G4	2B	B	Beulah Davies	Brecon	10.14	7	
3A	M	Lucy Griffiths	Pembroke	14.68	12		3B	T	Bethan Daw	Cardiff	8.31	6	
4A	SS	Nina Prells	Swansea	13.93	10		4B	RR	Elise Hamer	Carmarthen	5.99	5	
5A	D	Hayley Nuttall	Deeside	11.65	8								
6A	TT	Lucy Harvey	Cardiff	11.05	6								
7A	W	Jess Murray	Wrexham	10.16	4								
8A	Q	Ellie Leek	Cwmbran	9.28	2								

		<i>U13 Record</i>	<i>2005</i>	<i>30.73</i>	<i>Robyn Purchase</i>			<i>Wrexham AC</i>					
4:00 PM		Javelin											
1A	RR	Eliw James	Carmarthen	18.40	16	G4	1B	R	Elise Hamer	Carmarthen	18.39	8	G4
2A	W	Lydia David	Wrexham	17.72	14	G4	2B	SS	Bethan Jones	Swansea	15.69	7	G4
3A	S	Emily Morris	Swansea	17.25	12	G4	3B	BB	Lily Snape	Brecon	12.13	6	
4A	D	Hayley Nuttall	Deeside	15.36	10	G4	4B	DD	Katie Griffiths	Deeside	11.85	5	
5A	B	Beulah Davies	Brecon	14.64	8		5B	TT	Thea Lawson	Cardiff	8.13	4	
6A	T	Lauren McCarthy	Cardiff	11.21	6		6B	WW	Jess Murray	Wrexham	5.85	3	
7A	M	Lucy Griffiths	Pembroke	11.08	4								
8A	Q	Jessica Bevan	Cwmbran	9.91	2								

		<i>U13 Record</i>	<i>2003</i>	<i>55.6</i>	<i>Carmarthen Harriers</i>						
5:20 PM		4 x 100 relay								Perf	
M	Pembroke	Helena Madan	Helena Madan	Olivia Jones	Eleanor Rowland	56.4	16				
T	Cardiff	Lucy Harvey	Lucy Harvey	Bethan Daw	Sara Otung	58.8	14				
D	Deeside	Gemma Williams	Gemma Williams	Rachel Trotter	Katie Griffiths	58.8	12				
R	Carmarthen	Amy Roberts	Amy Roberts	Linos Emanuel	Catrin Rees	60.2	10				
W	Wrexham	Katie Keen	Katie Keen	Jessica Bailey	Chloe Jones	60.8	8				
S	Swansea	Emily Morris	Emily Morris	Nicola Jones	Rhiannon Thomas	61.7	6				
B	Brecon	Alice Wolstenholme	Alice Wolstenholme	Larrisa Jones	Charlotte Brooks	67.8	4				

Position	Clubs	Points
1	Pembroke	212
2	Carmarthen	183
3	Cardiff	177
4	Cwmbran	170
5	Swansea	139
6	Deeside	132
7	Brecon	114
8	Wrexham	95

The points above are for U13 Girls only