

# Welsh Athletics 2006 U20 Women Junior League CUP FINAL

		<i>Name</i>	<i>Club</i>	<i>Perf.</i>			<i>NON SCORING B STRING</i>	
		<b>U20 Record</b>	<b>2003</b>	<b>12.3</b>	<i>Susan Bagnall</i>		<i>Deeside AC</i>	
<b>12:55 PM</b>		<b>100m</b>						<i>Guests</i>
1A	T	Melanie Stephenson	Cardiff	12.4	16	<b>G3</b>		
2A	W	Lisa-Marie Edwards	Wrexham	12.9	14			
3A	Q	Tanith Booth	Cwmbran	14.2	12			
		<b>U20 Record</b>	<b>2005</b>	<b>24.7</b>	<i>Melenie Stephenson</i>		<i>Cardiff AC</i>	
<b>3:25 PM</b>		<b>200m</b>						<i>Guests</i>
1A	T	Melanie Stephenson	Cardiff	25.3	16	<b>G2</b>		
2A	R	Megan Thomas	Carmarthen	27.6	14			
3A	Q	Tanith Booth	Cwmbran	28.2	12			
4A	W	Amy Csizmadia	Wrexham	29.5	10			
		<b>U20 Record</b>		<b>59.5</b>	<i>Rebecca Cozens</i>		<i>Cardiff AC</i>	
<b>5:10 PM</b>		<b>400m</b>						<i>Guests</i>
1A	T	Bethan Strange	Cardiff	63.0	16			
2A	W	Sarah Colbourne	Wrexham	64.6	14			
3A	R	Megan Thomas	Carmarthen	66.8	12			
		<b>U20 Record</b>	<b>2006</b>	<b>2.17.2</b>	<i>Kate Wiltshire</i>		<i>Cardiff AC</i>	
<b>2:30 PM</b>		<b>800m</b>						<i>Guests</i>
1A	T	Bethan Strange	Cardiff	2:23.6	16			
2A	M	Gemma Leahy	Pembroke	2:24.6	14			
3A	W	Amy Csizmadia	Wrexham	2:45.1	12			
4A	S	Sarah Hurford	Swansea	2:46.7	10			
		<b>U20 Record</b>	<b>0</b>	<b>4.57.0</b>	<i>Helen Williams</i>		<i>Wrexham AC</i>	
<b>4:35 PM</b>		<b>1500m</b>		<b>NEW AGE GROUP RECORD</b>				<i>Guests</i>
1A	M	Gemma Leahy	Pembroke	4:56.3	16			
2A	Q	Claire Thompson	Cwmbran	5:09.9	14			
3A	T	Charlotte Lightman	Cardiff	5:13.7	12			
4A	B	Rosie Richards	Brecon	5:28.3	10			
		<b>U20 Record</b>	<b>2005</b>	<b>14.0</b>	<i>Heather Jones</i>		<i>Carmarthen Harriers</i>	
<b>1:55 PM</b>		<b>100m Hurdles</b>						<i>Guests</i>
1A	T	Gemma Goldbourne	Cardiff	16.6	16			
2A	R	Megan Thomas	Carmarthen	17.0	14			
3A	W	Stephanie Cheers	Wrexham	23.2	12			
		<b>U20 Record</b>	<b>2003</b>	<b>64.0</b>	<i>Anwen Rees</i>		<i>Carmarthen Harriers</i>	
<b>12:20 PM</b>		<b>400 Hurdles</b>						<i>Guests</i>
1A	R	Megan Thomas	Carmarthen	68.9	16	<b>G3</b>		
2A	T	Gemma Goldbourne	Cardiff	74.2	14			
3A	W	Sarah Colbourne	Wrexham	74.3	12			
		<b>U20 Record</b>		<b>1.80</b>	<i>Ceri Stokoe</i>		<i>Swansea Harriers</i>	
<b>1:00 PM</b>		<b>High Jump</b>						<i>Guests</i>
1A	R	Bethan Thomas	Carmarthen	1.35	16		###	
		<b>U20 Record</b>		<b>5.58</b>	<i>Lara Richards</i>		<i>Newport Harriers</i>	
<b>12:00 PM</b>		<b>Long Jump</b>						<i>Guests</i>
1A	R	Mari Fenton	Carmarthen	4.59	16			
2A	T	Hanna Williams	Cardiff	4.22	14			
3A	W	Amy Csizmadia	Wrexham	3.85	12			
4A	Q	Tanith Booth	Cwmbran	3.80	10			
		<b>U20 Record</b>	<b>2005</b>	<b>3.30</b>	<i>Lidsey Maund</i>		<i>Swansea Harriers</i>	
<b>11:30 AM</b>		<b>Pole Vault</b>						<i>Guests</i>
1A		No Athletes Dec						
		<b>U20 Record</b>	<b>2005</b>	<b>11.04</b>	<i>Victoria Lloyd</i>		<i>Pembroke Harriers</i>	
<b>4:30 PM</b>		<b>Triple Jump</b>						<i>Guests</i>
1A	T	Hanna Williams	Cardiff	10.08	16	<b>G3</b>		

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2A R Mari Fenton Carmarthen 9.53 14 **G3**  
 3A W Stephanie Cheers Wrexham 8.50 12

**U20 Record 2006 45.76 Nicola Stevenson Bridgend AC**

**11:00 AM**

**Hammer**

**Guests**

1A R Claire Williams Carmarthen 37.33 16 **G2**  
 2A D Faye Calvert Deeside 33.82 14 **G2**  
 3A T Ceri Lewis Cardiff 30.82 12 **G3**  
 4A W Stephanie Cheers Wrexham 12.27 10

**U20 Record 2005 46.79 Leanne Clarke Neath Harriers**

**12:15 PM**

**Javelin**

**Guests**

1A RR Kylie Clarke Carmarthen 34.33 16 **G3** 1B R Victoria Buxton Carmarthen 34.31 **G3**  
 2A W Stephanie Cheers Wrexham 30.03 14  
 3A D Faye Calvert Deeside 19.19 12  
 4A T Ceri Lewis Cardiff 14.73 10  
 5A Q Claire Thompson Cwmbran 9.72 8

**U20 Record 2005 13.24 Sally Hinds Swansea Harriers**

**2:15 PM**

**Shot Putt**

**Guests**

1A D Faye Calvert Deeside 9.65 16  
 2A R Victoria Buxton Carmarthen 8.34 14  
 3A T Ceri Lewis Cardiff 5.22 12  
 4A Q Claire Thompson Cwmbran 5.07 10  
 5A W Amy Csizmadia Wrexham 4.51 8

**U20 Record 36.17 Ffion Jones Deeside AC**

**3:15 PM**

**Discus**

**Guests**

1A D Faye Calvert Deeside 34.74 16 **G3**  
 2A R Claire Williams Carmarthen 34.43 14 **G3**  
 3A W Stephanie Cheers Wrexham 20.82 12  
 4A T Ceri Lewis Cardiff 12.67 10

**U20 Record 2003 51.8 Deeside AC**

**4:45 PM**

**4 x 100 relay**

1A T Cardiff Hanna Williams Gemma Goldbourne Bethan Strange Melanie Stephenson 53.7 16  
 2A R Carmarthen Megan Thomas Bethan Thomas Mari Fenton Victoria Buxton 54.2 14

Position	Clubs	Points
1	Cardiff	196
2	Carmarthen	176
3	Wrexham	142
4	Cwmbran	66
5	Deeside	58
6	Pembroke	30
7	Swansea	10