

SOUTH EAST WALES LEAGUE :Distance Card																
Meeting		South East Wales League Match 4						Venue		Hereford			Date		Sun-05-August-2007	
Event		U11 Boys 300g Javelin			Time		12:30 PM	Record	Jacob Knox, Hereford, 2006, 22.13							
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	A
1	N	Stephen Russell	Newport	19.73	18.32	15.87	19.73	1				19.73	1	A	1	
2	R		Rhondda													
3	V	Owen Murphy	Rhymney Valley	12.58	11.66	11.43	12.58	4				12.58	4	A	4	
4	A	Jake Edwards	Aberdare													
5	C		Cwmbran													
6	H	Harry Jones	Hereford	NT	8.86	10.25	10.25	6				10.25	6	B		2
7	NN	Nathan Scarfi	Newport	12.50	10.34	10.98	12.50	5				12.50	5	B		1
8	RR		Rhondda													
9	VV		Rhymney Valley													
10	AA	Jamie Hargreaves	Aberdare	12.25	12.97	12.79	12.97	3				12.97	3	A	3	
11	CC		Cwmbran													
12	HH	Jack Muirhead	Hereford	14.08	16.73	15.49	16.73	2				16.73	2	A	2	
	496	Liam Bradley	Newport Harriers	15.43	16.15	14.77	16.15	3				16.15	3			
	499	Rhys Morris	Newport Harriers	17.90	15.87	11.70	17.90	2				17.90	2			
	493	Thomas Williams	Newport Harriers	NT	NT	18.03	18.03	1				18.03	1			
"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES						
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist							
1A	N	Stephen Russell	Newport	19.73	1B	NN	Nathan Scarfi	Newport	12.50							
2A	HH	Jack Muirhead	Hereford	16.73	2B	H	Harry Jones	Hereford	10.25							
3A	AA	Jamie Hargreaves	Aberdare	12.97	3B											
4A	V	Owen Murphy	Rhymney Valley	12.58	4B											
5A					5B											
6A					6B					REFEREE'S SIGNATURE						
1	493	Thomas Williams	Newport Harriers	18.03	3	496	Liam Bradley	Newport Harriers	16.15							
2	499	Rhys Morris	Newport Harriers	17.90	4											

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U15 Boys 4kg Shot		Time		12:30 PM	Record	Greg Finlay, Rhondda, 2000, 14.42								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	C	Josh Bussell	Cwmbran	9.88	10.43	10.16	10.43	1				10.43	1	A	1	
2	H	Joe Maddy	Hereford	3.59	4.59	4.29	4.59	4				4.59	4	A	3	
3	N	Richard Williams	Newport	7.02	7.54	7.36	7.54	3				7.54	3	B		1
4	R		Rhondda													
5	V		Rhymney Valley													
6	A		Aberdare													
7	CC		Cwmbran													
8	HH		Hereford													
9	NN	Tom Aviss	Newport	8.12	8.28	7.82	8.28	2				8.28	2	A	2	
10	RR		Rhondda													
11	VV		Rhymney Valley													
12	AA		Aberdare													
	22	Emrys Penny	Newport Harriers	5.50	5.46	5.04	5.50	1				5.50	1			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist			
1A	C	Josh Bussell	Cwmbran	10.43	1B	N	Richard Williams	Newport	7.54			
2A	NN	Tom Aviss	Newport	8.28	2B							
3A	H	Joe Maddy	Hereford	4.59	3B							
4A					4B							
5A					5B							
6A					6B					REFEREE'S SIGNATURE		
1	22	Emrys Penny	Newport Harriers	5.50	3							
2					4							

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U13 Boys 400g Javelin		Time		1:15 PM	Record	Tom Norton, Cwmbran, 2007, 38.22								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	V		Rhymney Valley													
2	A	Matthew Field	Aberdare	18.27	NT	24.28	24.28	2				24.28	2	A	2	
3	C	Tom Norton	Cwmbran	36.60	34.22	37.16	37.16	1				37.16	1	A	1	
4	H	Thomas Fellows	Hereford	15.76	18.39	15.64	18.39	3				18.39	3	A	3	
5	N		Newport													
6	R		Rhondda													
7	VV		Rhymney Valley													
8	AA		Aberdare													
9	CC		Cwmbran													
10	HH	Kieron Brann	Hereford	NT	11.23	NT	11.23	4				11.23	4	B		1
11	NN		Newport													
12	RR		Rhondda													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist			
1A	C	Tom Norton	Cwmbran	37.16	1B	HH	Kieron Brann	Hereford	11.23		
2A	A	Matthew Field	Aberdare	24.28	2B						
3A	H	Thomas Fellows	Hereford	18.39	3B						
4A					4B						
5A					5B						
6A					6B						
1					3						
2					4						
										REFEREE'S SIGNATURE	

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U17 Men Long Jump		Time		1:15 PM	Record	Tom Kivell, Newport, 2006, 6.49								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	A	Matthew Walford	Aberdare	4.54	4.69	4.61	4.69	1				4.69	1	A	1	
2	C	Michael Grout	Cwmbran	4.65	4.33	4.15	4.65	2				4.65	2	A	2	
3	H		Hereford													
4	N	Joshua Cook	Newport	4.27	3.61	3.97	4.27	4				4.27	4	A	3	
5	R	Kyle Hughes	Rhondda	3.71		NJ	3.71	5				3.71	5	A	4	
6	V		Rhymney Valley													
7	AA	Craig Sprod	Aberdare	NJ	4.40	NJ	4.40	3				4.40	3	B		1
8	CC		Cwmbran													
9	HH		Hereford													
10	NN		Newport													
11	RR		Rhondda													
12	VV		Rhymney Valley													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Matthew Walford	Aberdare	4.69	1B	AA	Craig Sprod	Aberdare	4.40		
2A	C	Michael Grout	Cwmbran	4.65	2B						
3A	N	Joshua Cook	Newport	4.27	3B						
4A	R	Kyle Hughes	Rhondda	3.71	4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U20 Men Long Jump		Time		1:15 PM	Record	Marc Ritchie, Aberdare, 2004, 6.49								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	V		Rhymney Valley													
2	A	Daniel Williams	Aberdare	4.68			4.68	2				4.68	2	A	2	
3	C		Cwmbran													
4	H	Sam Hampton	Hereford	5.21			5.21	1				5.21	1	A	1	
5	N		Newport													
6	R		Rhondda													
7	VV		Rhymney Valley													
8	AA		Aberdare													
9	CC		Cwmbran													
10	HH		Hereford													
11	NN		Newport													
12	RR		Rhondda													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	H	Sam Hampton	Hereford	5.21	1B						
2A	A	Daniel Williams	Aberdare	4.68	2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B						
1					3					REFEREE'S SIGNATURE	
2					4						

SOUTH EAST WALES LEAGUE :Distance Card																
Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U11 Boys 2.72kg Shot			Time		1:45 PM	Record	Aaron Finlay, Rhondda, 2003, 7.11							
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	
1	C		Cwmbran													
2	H	Harry Jones	Hereford	3.48	3.95	4.12	4.12	4				4.12	4	B		2
3	N	Ricky Raybould	Newport	5.39	5.50	5.67	5.67	1				5.67	1	A	1	
4	R		Rhondda													
5	V		Rhymney Valley													
6	A		Aberdare													
7	CC		Cwmbran													
8	HH	Mathew Jones	Hereford	4.56	4.47	4.41	4.56	3				4.56	3	A	2	
9	NN	Stephen Russell	Newport	4.92	4.07	4.26	4.92	2				4.92	2	B		1
10	RR		Rhondda													
11	VV		Rhymney Valley													
12	AA		Aberdare													
	499	Rhys Morris	Newport Harriers	4.61	5.21	4.71	5.21	2				5.21	2			
	496	Liam Bradley	Newport Harriers	5.22	5.30	4.98	5.30	1				5.30	1			
"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES						
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist							
1A	N	Ricky Raybould	Newport	5.67	1B	NN	Stephen Russell	Newport	4.92							
2A	HH	Mathew Jones	Hereford	4.56	2B	H	Harry Jones	Hereford	4.12							
3A					3B											
4A					4B											
5A					5B											
6A					6B											
										REFEREE'S SIGNATURE						
1	496	Liam Bradley	Newport Harriers	5.30	3											
2	499	Rhys Morris	Newport Harriers	5.21	4											

SOUTH EAST WALES LEAGUE :Distance Card															
Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007	
Event		U15 Boys 600g Javelin		Time		1:45 PM	Record	Chris Wannell, Cwmbran, 2003, 48.05							
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B	
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A
1	N	Richard Williams	Newport	24.21	27.09	26.18	27.09	3				27.09	3	A	3
2	R		Rhondda												
3	V		Rhymney Valley												
4	A		Aberdare												
5	C	Lewis Hinwood	Cwmbran	32.79	33.04	30.51	33.04	2				33.04	2	A	2
6	H	William Prothero	Hereford	37.17	37.64	39.42	39.42	1				39.42	1	A	1
7	NN	Tom Kendall	Newport	nt	nt	26.24	26.24	4				26.24	4	B	1
8	RR		Rhondda												
9	VV		Rhymney Valley												
10	AA		Aberdare												
11	CC	Freddie Naseriyan	Cwmbran	25.36			25.36	5				25.36	5	B	2
12	HH		Hereford												
	1	Tom Aviss	Newport Harriers	22.09	20.84	23.11	23.11	2				23.11	2		
	261	Thomas Hamer	Cwmbran Harriers	32.70	37.42	32.05	37.42	1				37.42	1		
"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES					
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist						
1A	H	William Prothero	Hereford	39.42	1B	NN	Tom Kendall	Newport	26.24						
2A	C	Lewis Hinwood	Cwmbran	33.04	2B	CC	Freddie Naseriyan	Cwmbran	25.36						
3A	N	Richard Williams	Newport	27.09	3B										
4A					4B										
5A					5B										
6A					6B										
										REFEREE'S SIGNATURE					
1	261	Thomas Hamer	Cwmbran Harriers	37.42	3										
2	1	Tom Aviss	Newport Harriers	23.11	4										

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U17 Men 1.5kg Discus		Time		1:45 PM	Record	James Bryan, Torfaen, 1996, 41.78								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	R		Rhondda													
2	V		Rhymney Valley													
3	A		Aberdare													
4	C		Cwmbran													
5	H	Jon Barnes	Hereford	17.68	NT	17.56	17.68	1				17.68	1	A	1	
6	N		Newport													
7	RR		Rhondda													
8	VV		Rhymney Valley													
9	AA		Aberdare													
10	CC		Cwmbran													
11	HH		Hereford													
12	NN		Newport													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	H	Jon Barnes	Hereford	17.68	1B						
2A					2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card																
Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U20 Men 1.75kg Discus			Time		1:45 PM	Record	Alex Leach, Newport, 2005, 40.60							
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	Metres	A
1	C		Cwmbran													
2	H	Josh Day	Hereford	35.19	28.10	NT	35.19	3				35.19	3	A	3	
3	N		Newport													
4	R	Anthony Halling	Rhondda	36.56	NT	36.06	36.56	2				36.56	2	A	2	
5	V		Rhymney Valley													
6	A	Scott Williams	Aberdare	NT	36.42	37.80	37.80	1				37.80	1	A	1	
7	CC		Cwmbran													
8	HH		Hereford													
9	NN		Newport													
10	RR		Rhondda													
11	VV		Rhymney Valley													
12	AA		Aberdare													
"A" STRING RESULT				"B" STRING RESULT					JUDGES' SIGNATURES							
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist							
1A	A	Scott Williams	Aberdare	37.80	1B											
2A	R	Anthony Halling	Rhondda	36.56	2B											
3A	H	Josh Day	Hereford	35.19	3B											
4A					4B											
5A					5B											
6A					6B											
REFEREE'S SIGNATURE																
1					3											
2					4											

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U13 Boys Long Jump		Time		2:30 PM		Record		Leigh Collwell, Newport, 2002, 4.94						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	A		Aberdare													
2	C	Steven Scarfi	Cwmbran	3.73	NJ	NJ	3.73	1				3.73	1	A	1	
3	H	Mathew Bennett	Hereford	NJ	3.18	3.13	3.18	4				3.18	4	A	3	
4	N		Newport													
5	R		Rhondda													
6	V	Rhys Watkins	Rhymney Valley	3.31	3.10	3.40	3.40	2				3.40	2	A	2	
7	AA		Aberdare													
8	CC	Joseph Godsall	Cwmbran	3.08	3.20	3.16	3.20	3				3.20	3	B		1
9	HH	Kieron Brann	Hereford	NJ	2.28	2.24	2.28	5				2.28	5	B		2
10	NN		Newport													
11	RR		Rhondda													
12	VV		Rhymney Valley													
	256	Davey Mulroy	Cwmbran Harriers	3.10	3.35	3.56	3.56	1				3.56	1			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	C	Steven Scarfi	Cwmbran	3.73	1B	CC	Joseph Godsall	Cwmbran	3.20		
2A	V	Rhys Watkins	Rhymney Valley	3.40	2B	HH	Kieron Brann	Hereford	2.28		
3A	H	Mathew Bennett	Hereford	3.18	3B						
4A					4B						
5A					5B						
6A					6B						
										REFEREE'S SIGNATURE	
1	256	Davey Mulroy	Cwmbran Harriers	3.56	3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U15 Boys Long Jump		Time		2:30 PM		Record		Stephen Jones, Torfaen, 1997, 6.10						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	V		Rhymney Valley													
2	A		Aberdare													
3	C		Cwmbran													
4	H	Joe Maddy	Hereford			2.72	2.72	3				2.72	3	A	2	
5	N	Jon Clements	Newport	3.83	3.98	3.95	3.98	2				3.98	2	B		1
6	R		Rhondda													
7	VV		Rhymney Valley													
8	AA		Aberdare													
9	CC		Cwmbran													
10	HH		Hereford													
11	NN	James Morgan	Newport	4.53	4.55	4.55	4.55	1				4.55	1	A	1	
12	RR		Rhondda													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	NN	James Morgan	Newport	4.55	1B	N	Jon Clements	Newport	3.98		
2A	H	Joe Maddy	Hereford	2.72	2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U11 Boys Long Jump		Time		3:15 PM	Record	Cynfelen Nancarrow, Brecon, 2004, 4.00								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	V	Owen Murphy	Rhymney Valley	1.91	2.21	2.05	2.21	8				2.21	8	A	5	
2	A	Harry Evans	Aberdare	3.16	3.13	NJ	3.16	1				3.16	1	A	1	
3	C	Aiden Law	Cwmbran	2.66	NJ	2.55	2.66	6				2.66	6	A	4	
4	H	Jonathan Grech	Hereford	2.75	3.04	NJ	3.04	2				3.04	2	A	2	
5	N	Ryan Morgan	Newport	2.69	2.56	NJ	2.69	5				2.69	5	B		2
6	R		Rhondda													
7	VV	Ben Cushing	Rhymney Valley	2.20	NJ	1.82	2.20	9				2.20	9	B		4
8	AA	Jamie Hargreaves	Aberdare	NJ	2.24	2.31	2.31	7				2.31	7	B		3
9	CC		Cwmbran													
10	HH	George Jones	Hereford	2.83	2.93	2.93	2.93	4				2.93	4	B		1
11	NN	Stephen Russell	Newport	2.84	3.03	3.00	3.03	3				3.03	3	A	3	
12	RR		Rhondda													
	498	Nathan Scarfi	Newport Harriers	2.47	3.12	2.75	3.12	1				3.12	1			
	312	Matthew Jones	Hereford	3.08	NJ	2.73	3.08	2				3.08	2			
	308	Jack Muirhead	Hereford	2.87	2.68	2.64	2.87	4				2.87	4			
	443	Kyle Arnold	Newport Harriers	3.04	2.64	2.97	3.04	3				3.04	3			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES		
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist			
1A	A	Harry Evans	Aberdare	3.16	1B	HH	George Jones	Hereford	2.93			
2A	H	Jonathan Grech	Hereford	3.04	2B	N	Ryan Morgan	Newport	2.69			
3A	NN	Stephen Russell	Newport	3.03	3B	AA	Jamie Hargreaves	Aberdare	2.31			
4A	C	Aiden Law	Cwmbran	2.66	4B	VV	Ben Cushing	Rhymney Valley	2.20			
5A	V	Owen Murphy	Rhymney Valley	2.21	5B							
6A					6B							
1	498	Nathan Scarfi	Newport Harriers	3.12	3	443	Kyle Arnold	Newport Harriers	3.04	REFEREE'S SIGNATURE		
2	312	Matthew Jones	Hereford	3.08	4	308	Jack Muirhead	Hereford	2.87			

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U13 Boys 1kg Discus		Time		3:15 PM		Record		Greg Finlay, Rhondda, 1998, 28.84						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	R		Rhondda													
2	V	Rhys Watkins	Rhymney Valley	11.20	12.11	10.41	12.11	4				12.11	4	A	4	
3	A	Matthew Field	Aberdare	31.17	29.36	29.03	31.17	1				31.17	1	A	1	
4	C	Tom Norton	Cwmbran	18.52	21.35	17.26	21.35	2				21.35	2	A	2	
5	H	Mathew Bennett	Hereford	12.65	10.26	11.16	12.65	3				12.65	3	A	3	
6	N		Newport													
7	RR		Rhondda													
8	VV		Rhymney Valley													
9	AA		Aberdare													
10	CC		Cwmbran													
11	HH	Thomas Fellows	Hereford	8.77	NT	NT	8.77	5				8.77	5	B		1
12	NN		Newport													

NEW AGE GROUP RECORD

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Matthew Field	Aberdare	31.17	1B	HH	Thomas Fellows	Hereford	8.77		
2A	C	Tom Norton	Cwmbran	21.35	2B						
3A	H	Mathew Bennett	Hereford	12.65	3B						
4A	V	Rhys Watkins	Rhymney Valley	12.11	4B						
5A					5B						
6A					6B						
1					3					REFEREE'S SIGNATURE	
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U17 Men 5kg Shot		Time		3:15 PM		Record		Ryan Spencer-Jones, Brecon, 2003, 14.06						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	H	Jon Barnes	Hereford	6.63	7.15	7.13	7.15	2				7.15	2	A	2	
2	N	Kevin Trigg	Newport													
3	R		Rhondda													
4	V		Rhymney Valley													
5	A	Daniel Bodman	Aberdare	7.31	7.45	6.95	7.45	1				7.45	1	A	1	
6	C		Cwmbran													
7	HH		Hereford													
8	NN	Stephen Mort	Newport													
9	RR		Rhondda													
10	VV		Rhymney Valley													
11	AA	Matthew Walford	Aberdare	6.76	6.56	6.84	6.84	3				6.84	3	B		1
12	CC		Cwmbran													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Daniel Bodman	Aberdare	7.45	1B	AA	Matthew Walford	Aberdare	6.84		
2A	H	Jon Barnes	Hereford	7.15	2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U20 Men 6kg Shot		Time		3:15 PM	Record	Josh Day, Hereford, 2007, 12.08								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	N		Newport													
2	R	Anthony Halling	Rhondda	11.18	11.23	11.34	11.34	2				11.34	2	A	2	
3	V		Rhymney Valley													
4	A	Scott Williams	Aberdare	11.62	NT	11.85	11.85	1				11.85	1	A	1	
5	C		Cwmbran													
6	H	Josh Day	Hereford	10.89	11.01	11.19	11.19	4				11.19	4	B		1
7	NN		Newport													
8	RR		Rhondda													
9	VV		Rhymney Valley													
10	AA		Aberdare													
11	CC		Cwmbran													
12	HH	Oliver Wright	Hereford	11.12	11.20	11.30	11.30	3				11.30	3	A	3	

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Scott Williams	Aberdare	11.85	1B	H	Josh Day	Hereford	11.19		
2A	R	Anthony Halling	Rhondda	11.34	2B						
3A	HH	Oliver Wright	Hereford	11.30	3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U17 Men 700g Javelin		Time		3:30 PM		Record		Kevin Trigg, Newport, 2007, 43.76						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres		A
1	C		Cwmbran													
2	H	Jon Barnes	Hereford	23.68	25.43	NT	25.43	2				25.43	2	A	2	
3	N	Kevin Trigg	Newport													
4	R		Rhondda													
5	V		Rhymney Valley													
6	A	Josh Williams	Aberdare	42.60	40.81	41.86	42.60	1				42.60	1	A	1	
7	CC		Cwmbran													
8	HH		Hereford													
9	NN	Stephen Mort	Newport													
10	RR		Rhondda													
11	VV		Rhymney Valley													
12	AA	Dafydd Jones	Aberdare	19.80	NT	NT	19.80	3				19.80	3	B		1

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Josh Williams	Aberdare	42.60	1B	AA	Dafydd Jones	Aberdare	19.80		
2A	H	Jon Barnes	Hereford	25.43	2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U20 Men 800g Javelin		Time		3:30 PM		Record		Oliver Wright, Hereford, 2007, 44.18						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	A	Scott Williams	Aberdare	33.63	NT	NT	33.63	3				33.63	3	A	3	
2	C		Cwmbran													
3	H	Josh Day	Hereford	NT	NT	18.78	18.78	4				18.78	4	B		1
4	N		Newport													
5	R	Anthony Halling	Rhondda	34.75	NT	33.98	34.75	2				34.75	2	A	2	
6	V		Rhymney Valley													
7	AA		Aberdare													
8	CC		Cwmbran													
9	HH	Oliver Wright	Hereford	45.77	44.77	43.12	45.77	1				45.77	1	A	1	
10	NN		Newport													
11	RR		Rhondda													
12	VV		Rhymney Valley													

NEW AGE GROUP RECORD

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	HH	Oliver Wright	Hereford	45.77	1B	H	Josh Day	Hereford	18.78		
2A	R	Anthony Halling	Rhondda	34.75	2B						
3A	A	Scott Williams	Aberdare	33.63	3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford			Date		Sun-05-August-2007		
Event		U13 Boys 3.25kg Shot		Time		4:00 PM	Record	Greg Finlay, Rhondda, 1998, 10.62								
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	N		Newport													
2	R		Rhondda													
3	V		Rhymney Valley													
4	A	Matthew Field	Aberdare	10.43	10.29	10.20	10.43	1				10.43	1	A	1	
5	C	Joseph Godsall	Cwmbran	4.97	4.31	4.58	4.97	5				4.97	5	B		2
6	H	Mathew Bennett	Hereford	5.42	5.15	5.60	5.60	4				5.60	4	B		1
7	NN		Newport													
8	RR		Rhondda													
9	VV		Rhymney Valley													
10	AA		Aberdare													
11	CC	Josh Kent	Cwmbran	5.76	6.00	6.33	6.33	2				6.33	2	A	2	
12	HH	Thomas Fellows	Hereford	5.96	5.29	5.20	5.96	3				5.96	3	A	3	
	260	Tom Norton	Cwmbran Harriers	7.41	7.52	7.85	7.85	1				7.85	1			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	A	Matthew Field	Aberdare	10.43	1B	H	Mathew Bennett	Hereford	5.60		
2A	CC	Josh Kent	Cwmbran	6.33	2B	C	Joseph Godsall	Cwmbran	4.97		
3A	HH	Thomas Fellows	Hereford	5.96	3B						
4A					4B						
5A					5B						
6A					6B						
1	260	Tom Norton	Cwmbran Harriers	7.85	3					REFEREE'S SIGNATURE	
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U15 Boys 1.25kg Discus		Time		4:00 PM		Record		Greg Finlay, Rhondda, 2000, 40.16						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	R		Rhondda													
2	V		Rhymney Valley													
3	A		Aberdare													
4	C	Josh Bussell	Cwmbran	NT	23.35	25.55	25.55	2				25.55	2	A	2	
5	H	William Prothero	Hereford	17.25	20.98	17.43	20.98	4				20.98	4	A	3	
6	N	Richard Williams	Newport	NT	17.76	21.45	21.45	3				21.45	3	B		1
7	RR		Rhondda													
8	VV		Rhymney Valley													
9	AA		Aberdare													
10	CC		Cwmbran													
11	HH		Hereford													
12	NN	Tom Aviss	Newport	25.60	20.18	28.14	28.14	1				28.14	1	A	1	
	22	Emrys Penny	Newport Harriers	11.20	11.62	11.25	11.62	1				11.62	1			

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	NN	Tom Aviss	Newport	28.14	1B	N	Richard Williams	Newport	21.45		
2A	C	Josh Bussell	Cwmbran	25.55	2B						
3A	H	William Prothero	Hereford	20.98	3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1	22	Emrys Penny	Newport Harriers	11.62	3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4					Venue		Hereford		Date		Sun-05-August-2007			
Event		U17 Men Triple Jump		Time		4:00 PM		Record		Tom Kivell, Newport, 2006, 12.41						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	H		Hereford													
2	N		Newport													
3	R		Rhondda													
4	V		Rhymney Valley													
5	A	Matthew Walford	Aberdare	9.67	9.85	9.84	9.85	3				9.85	3	B		1
6	C	Michael Grout	Cwmbran	9.68	10.66	10.97	10.97	1				10.97	1	A	1	
7	HH		Hereford													
8	NN		Newport													
9	RR		Rhondda													
10	VV		Rhymney Valley													
11	AA	Daniel Bodman	Aberdare	10.78	10.39	10.20	10.78	2				10.78	2	A	2	
12	CC		Cwmbran													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	C	Michael Grout	Cwmbran	10.97	1B	A	Matthew Walford	Aberdare	9.85		
2A	AA	Daniel Bodman	Aberdare	10.78	2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B					REFEREE'S SIGNATURE	
1					3						
2					4						

SOUTH EAST WALES LEAGUE :Distance Card

Meeting		South East Wales League Match 4				Venue		Hereford		Date		Sun-05-August-2007				
Event		U20 Men Triple Jump		Time		4:00 PM		Record		Daniel Williams, Aberdare, 2006, 11.60						
Order	Letter	Name	Club	1st Trial	2nd Trial	3rd Trial	Best of 3	Pos after 3 trials	4th Trial	5th Trial	6th Trial	Best of All	Final Position	A or B		
				Metres	Metres	Metres	Metres		Metres	Metres	Metres	Metres		Metres	A	B
1	N		Newport													
2	R		Rhondda													
3	V		Rhymney Valley													
4	A	Daniel Williams	Aberdare													
5	C		Cwmbran													
6	H	Oliver Wright	Hereford	9.94	9.62	9.75	9.94	1				9.94	1	A	1	
7	NN		Newport													
8	RR		Rhondda													
9	VV		Rhymney Valley													
10	AA		Aberdare													
11	CC		Cwmbran													
12	HH		Hereford													

"A" STRING RESULT					"B" STRING RESULT					JUDGES' SIGNATURES	
	No.	NAME	CLUB	Dist		No.	NAME	CLUB	Dist		
1A	H	Oliver Wright	Hereford	9.94	1B					REFEREE'S SIGNATURE	
2A					2B						
3A					3B						
4A					4B						
5A					5B						
6A					6B						
1					3						
2					4						