

1:15 PM	Record	Sam Griffiths, Hereford, 10.7, 2004		
Number	U11 Girls 75m	Club	Perf.	
1	207	Emily Finnister	Cwmbran Guest	11.7
2	402	Caitlin Tysoe	Newport Guest	12.4
3	304	Rian Smith	Hereford Guest	13.4
4	401	Caitlin Scarfi	Newport Guest	14.8
2:15 PM	Record	Christie Williams, Aberdare, 22.2, 2003		
Number	U11 Girls 150m	Club	Perf.	
1	305	Katie Harman	Hereford Guest	26.2
3:30 PM	Record	Emily Frow, Aberdare, 2:43.9, 2005		
Number	U11 Girls 800m	Club	Perf.	
1	201	Hannah Frey	Cwmbran Guest	3:25.6
3:15 PM	Record	Sam Griffiths, Hereford, 2004, 3.81		
Number	U11 Girls Long Jump	Club	Perf.	
1	406	Emma Ligthart	Newport Guest	5.39
1:45 PM	Record	Candice Finlay, Rhondda, 2003, 6.68		
Number	U11 Girls 2kg Shot	Club	Perf.	
1	401	Caitlin Scarfi	Newport Guest	3.17
2	305	Katie Harman	Hereford Guest	2.77
3	406	Emma Ligthart	Newport Guest	2.27
12:30 PM	Record	Sophie Arthur, Newport, 2007, 14.47		
Number	U11 Girls 300g Javelin	Club	Perf.	
1	401	Caitlin Scarfi	Newport Guest	1.80
1:20 PM	Record	Cynfelen Nancarrow, Brecon, 2004, 10.6		
Number	U11 Boys 75m	Club	Perf.	
1	303	Harry Jones	Hereford Guest	13.8
2:20 PM	Record	Harry Ravenhill, Hereford, 2005, 21.6		
Number	U11 Boys 150m	Club	Perf.	
1	407	Ryan Martin	Newport Guest	26.8
3:15 PM	Record	Cynfelen Nancarrow, Brecon, 2004, 4.00		
Number	U11 Boys Long Jump	Club	Perf.	
1	403	Dylan Hill Howells	Newport Guest	2.49
1:45 PM	Record	Aaron Finlay, Rhondda, 2003, 7.11		
Number	U11 Boys 2.72kg Shot	Club	Perf.	
1	403	Dylan Hill Howells	Newport Guest	3.40
2	405	Cori Busuttill	Newport Guest	2.19
12:30 PM	Record	Jacob Knox, Hereford, 2006, 22.13		
Number	U11 Boys 300g Javelin	Club	Perf.	
1	405	Cori Busuttill	Newport Guest	10.31
2	403	Dylan Hill Howells	Newport Guest	10.12

3:00 PM	Record	Rebecca Williams, Newport, 2001, 13.1			
Number	U13 Girls 100m	Club	Perf.	Gr	AW
1	101	Lowri Davies	Aberdare Guest	14.9	G4
2	111	Laura MacPherson	Aberdare Guest	15.7	
3	211	Shannan Gwilym	Cwmbran Guest	16.7	
4	112	Lauren Lake	Aberdare Guest	18.2	
1:30 PM	Record	Joanne Hodge, Newport, 1997, 27.3			
Number	U13 Girls 200m	Club	Perf.	Gr	AW
1	102	Brenna Price	Aberdare Guest	31.3	G4
2	111	Laura MacPherson	Aberdare Guest	33.5	
3	104	Lauren Diamond	Aberdare Guest	34.1	
4	112	Lauren Lake	Aberdare Guest	38.0	
2:30 PM	Record	Rachel Byrne, Aberdare, 2000, 5:00.9			
Number	U13 Girls 1500m	Club	Perf.	Gr	AW
1	206	Francesca Hyde	Cwmbran Guest	5:51.4	
12:30 PM	Record	Aimee Cutler, Torfaen, 2005, 4.80			
Number	U13 Girls Long Jump	Club	Perf.	Gr	AW
1	102	Brenna Price	Aberdare Guest	3.60	G4
3	105	Jessica Lambert	Aberdare Guest	3.29	
5	111	Laura MacPherson	Aberdare Guest	3.23	
4	108	Tasia Stevens	Aberdare Guest	3.09	
2	103	Holly Jones	Aberdare Guest	2.71	
6	112	Lauren Lake	Aberdare Guest	2.43	
1:15 PM	Record	Emma Crooke, Hereford, 2007, 27.90			
Number	U13 Girls 400g Javelin	Club	Perf.	Gr	AW
1	106	Melissa Edmunds	Aberdare Guest	10.26	
3:05 PM	Record	Lewis Hinwood, Cwmbran, 2005, 12.9			
Number	U13 Boys 100m	Club	Perf.	Gr	AW
1	204	Daniel Evans	Cwmbran Guest	13.2	G2 <input checked="" type="checkbox"/>
2	208	Trafford Squire	Cwmbran Guest	13.9	G3
3	414	Kyle Arnold	Newport Guest	15.3	
4	210	Jez Carmock	Cwmbran Guest	16.1	
1:35 PM	Record	Ben Hale, Newport, 1999, 26.9			
Number	U13 Boys 200m	Club	Perf.	Gr	AW
1	208	Trafford Squire	Cwmbran Guest	28.7	G3
2	413	Ryan Morgan	Newport Guest	31.7	
3	308	Caleb Horncastle	Hereford Guest	35.0	
3:40 PM	Record	Nick Johnson, Newport, 2003, 2:24.3			
Number	U13 Boys 800m	Club	Perf.	Gr	AW
1	416	Steven Russell	Newport Guest	3:20.0	

2:30 PM	Record	Leigh Collwell, Newport, 2002, 4.94			
Number	U13 Boys Long Jump	Club	Perf.	Gr	AW
2	412	Nathan Scarfi	Newport Guest	2.98	
1	109	Sam Williams	Aberdare Guest	2.50	
4:00 PM	Record	Greg Finlay, Rhondda, 1998, 10.62			
Number	U13 Boys 3.25kg Shot	Club	Perf.	Gr	AW
1	208	Trafford Squire	Cwmbran Guest	7.80	G3
3:10 PM	Record	Rebecca Williams, Newport, 2003, 12.4			
Number	U15 Girls 100m	Club	Perf.	Gr	AW
1	601	Elenor Morgan	Rhymney V Guest	14.2	
2	205	Suzie Godfrey-Wiggins	Cwmbran Guest	14.9	
1:40 PM	Record	Rebecca Williams, Newport, 2003, 26.4			
Number	U15 Girls 200m	Club	Perf.	Gr	AW
1	601	Elenor Morgan	Rhymney V Guest	29.0	
2	110	Kate Mathias	Aberdare Guest	30.0	
3	205	Suzie Godfrey-Wiggins	Cwmbran Guest	32.0	
4:00 PM	Record	Louise Finlay, Rhondda, 1998, 11.00			
Number	U15 Girls 3.25kg Shot	Club	Perf.	Gr	AW
1	501	Chloe Price	Rhondda Guest	6.20	
2	307	Jade Williams	Hereford Guest	5.62	
2:30 PM	Record	Louise Finlay, Rhondda, 1998, 29.04			
Number	U15 Girls 1kg Discus	Club	Perf.	Gr	AW
1	501	Chloe Price	Rhondda Guest	11.19	
1:45 PM	Record	Christie Williams, Aberdare, 2007, 31.17			
Number	U15 Girls 600g Javelin	Club	Perf.	Gr	AW
1	306	Hannah Barnes	Hereford Guest	8.28	
3:15 PM	Record	Tom Bradbury, Cwmbran, 2004, 11.3			
Number	U15 Boys 100m	Club	Perf.	Gr	AW
1	209	Jordan Barry	Cwmbran Guest	14.7	
2:30 PM	Record	Stephen Jones, Torfaen, 1997, 6.10			
Number	U15 Boys Long Jump	Club	Perf.	Gr	AW
1	411	Matt Arnold	Newport Guest	2.85	
1:50 PM	Record	Kelly Birkin, Cwmbran, 2002, 25.5			
Number	U17 Women 200m	Club	Perf.	Gr	AW
1	417	Ashley Taylor	Newport Guest	24.6	G1 <input checked="" type="checkbox"/>
12:30 PM	Record	Louise Finlay, Rhondda, 2000, 11.48			
Number	U17 Women 4kg Shot	Club	Perf.	Gr	AW
1	419	Sian Jordan	Newport Guest	6.90	G4

2:30 PM	Record	D.Francis / Josh Higgins, Hereford / Cwmt			
	Number	U17 Men High Jump	Club	Perf.	Gr AW
1	415	Manan Saleemi	Newport Guest	1.60	G4
2	418	Matthew Saunders	Newport Guest	1.55	
4:27 PM	Record	Ashley Bayliss, Cwmbran, 2003, 51.0			
	Number	U20 Men 400m	Club	Perf.	Gr AW
1	115	Hywyl Jones	Aberdare Guest	63.9	
4:00 PM	Record	Kurt Edwards, Aberdare, 2006, 2.05.4			
	Number	U20 Men 800m	Club	Perf.	Gr AW
1	115	Hywyl Jones	Aberdare Guest	2:06.6	
2:55 PM	Record	David Shroll, Newport, 2003, 4.36.9			
	Number	U20 Men 1500m	Club	Perf.	Gr AW
1	113	Carl Hill	Aberdare Guest	4:28.5	