

Welsh Senior League & NJL				Order of Comp A String								Order of Comp B String							
Aberdare	Senior Lge Lane Draw			B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
	NJL Lane Draw			1	2	3	4	5				11	22	33	44	55			
Saturday/21/Apr/2007				LANE NUMBER								LANE NUMBER							
	Track Time	Event	Age Groups	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
T1	12:15	3000m	Sen Men	B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
T1A	12:15	3000m	NJL 20M		1	2	3	4	5				11	22	33	44	55		
T2	12:35	3000m	Sen Wom	G	V	N	R	A	D	W	B	GG	VV	NN	RR	AA	DD	WW	BB
T2A	12:35	3000m	NJL 20W		2	3	4	5	1				22	33	44	55	11		
T3	12:50	400m Hurdles	Sen Men	W	B	D	G	N	V	R	A	WW	BB	DD	GG	NN	VV	RR	AA
T3A	12:50	400m Hurdles	NJL 20M		5	1	2	3	4				55	11	22	33	44		
T4	13:05	400m Hurdles	Sen Wom	D	A	R	B	W	G	V	N	DD	AA	RR	BB	WW	GG	VV	NN
T4A	13:05	400m Hurdles	NJL 20W		3	4	5	1	2				33	44	55	11	22		
T5	13:20	100m	Sen Wom	N	W	G	V	D	B	A	R	NN	WW	GG	VV	DD	BB	AA	RR
T5A	13:20	100m	NJL 20W		4	5	1	2	3				44	55	11	22	33		
T6	13:30	100m	Sen Men	V	R	A	N	B	W	D	G	VV	RR	AA	NN	BB	WW	DD	GG
T6A	13:30	100m	NJL 20M		1	2	3	4	5				11	22	33	44	55		
T7	13:40	800m	Sen Wom	R	N	V	W	G	A	B	D	RR	NN	VV	WW	GG	AA	BB	DD
T7A	13:40	800m	NJL 20W		2	3	4	5	1				22	33	44	55	11		
T8	13:50	800m	Sen Men	A	G	B	D	V	R	N	W	AA	GG	BB	DD	VV	RR	NN	WW
T8A	13:50	800m	NJL 20M		5	1	2	3	4				55	11	22	33	44		
T9	14:05	3000m S/C	Sen Men	B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
T10	14:25	2000m S/C	Sen Wom	G	V	N	R	A	D	W	B	GG	VV	NN	RR	AA	DD	WW	BB
T10A	14:25	2000m S/C	NJL 20M		4	5	1	2	3				44	55	11	22	33		
T11	14:40	110m hurdles	Sen Men	W	B	D	G	N	V	R	A	WW	BB	DD	GG	NN	VV	RR	AA
T11A	14:40	110m hurdles	NJL 20M		1	2	3	4	5				11	22	33	44	55		
T12	14:50	100m hurdles	Sen Wom	D	A	R	B	W	G	V	N	DD	AA	RR	BB	WW	GG	VV	NN
T12A	14:50	100m hurdles	NJL 20W		2	3	4	5	1				22	33	44	55	11		
T13	15:00	400m	Sen Wom	N	W	G	V	D	B	A	R	NN	WW	GG	VV	DD	BB	AA	RR
T13A	15:00	400m	NJL 20W		5	1	2	3	4				55	11	22	33	44		
T14	15:15	400m	Sen Men	V	R	A	N	B	W	D	G	VV	RR	AA	NN	BB	WW	DD	GG
T14A	15:15	400m	NJL 20M		3	4	5	1	2				33	44	55	11	22		
T15	15:20	1500m	Sen Wom	R	N	V	W	G	A	B	D	RR	NN	VV	WW	GG	AA	BB	DD
T15A	15:20	1500m	NJL 20W		4	5	1	2	3				44	55	11	22	33		
T16	15:35	1500m	Sen Men	A	G	B	D	V	R	N	W	AA	GG	BB	DD	VV	RR	NN	WW
T16A	15:35	1500m	NJL 20M		1	2	3	4	5				11	22	33	44	55		
T17	15:55	200m	Sen Wom	B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
T17A	15:55	200m	NJL 20W		2	3	4	5	1				22	33	44	55	11		
T18	16:05	200m	Sen Men	G	V	N	R	A	D	W	B	GG	VV	NN	RR	AA	DD	WW	BB
T18A	16:05	200m	NJL 20M		5	1	2	3	4				55	11	22	33	44		
T19	16:45	4 x 100m Relay	Sen Wom	W	B	D	G	N	V	R	A								
T19A	16:45	4 x 100m Relay	NJL 20W		3	4	5	1	2										
T20	16:55	4 x 100m Relay	Sen Men	D	A	R	B	W	G	V	N								
T20A	16:55	4 x 100m Relay	NJL 20M		4	5	1	2	3										
T21	17:15	4 x 400m Relay	Sen Wom	N	W	G	V	D	B	A	R								
T21A	17:15	4 x 400m Relay	NJL 20W		1	2	3	4	5										
T22	17:25	4 x 400m Relay	Sen Men	V	R	A	N	B	W	D	G								
T22A	17:25	4 x 400m Relay	NJL 20M		2	3	4	5	1										
F1	12:00	Hammer (7.26kg)	Sen Men	D	A	R	B	W	G	V	N	DD	AA	RR	BB	WW	GG	VV	NN
F1A	12:00	Hammer (6.0kg)	NJL 20M		5	1	2	3	4				55	11	22	33	44		
F2	12:00	Pole Vault	Sen Wom	N	W	G	V	D	B	A	R	NN	WW	GG	VV	DD	BB	AA	RR
F2A	12:00	Pole Vault	NJL 20W		3	4	5	1	2				33	44	55	11	22		
F3	12:00	Pole Vault	Sen Wom	V	R	A	N	B	W	D	G	VV	RR	AA	NN	BB	WW	DD	GG
F3A	12:00	Pole Vault	NJL 20W		4	5	1	2	3				44	55	11	22	33		
F4	12:00	Long Jump	Sen Wom	R	N	V	W	G	A	B	D	RR	NN	VV	WW	GG	AA	BB	DD
F4A	12:00	Long Jump	NJL 20W		1	2	3	4	5				11	22	33	44	55		
F5	13:00	Hammer (4.0kg)	Sen Wom	A	G	B	D	V	R	N	W	AA	GG	BB	DD	VV	RR	NN	WW
F5A	13:00	Hammer (4.0kg)	NJL 20W		2	3	4	5	1				22	33	44	55	11		
F6	13:00	Shot Putt (7.26kg)	Sen Men	B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
F6A	13:00	Shot Putt (6.0kg)	NJL 20M		5	1	2	3	4				55	11	22	33	44		
F7	13:00	High Jump	Sen Wom	G	V	N	R	A	D	W	B	GG	VV	NN	RR	AA	DD	WW	BB
F7A	13:00	High Jump	NJL 20W		3	4	5	1	2				33	44	55	11	22		
F8	13:30	Long Jump	Sen Men	W	B	D	G	N	V	R	A	WW	BB	DD	GG	NN	VV	RR	AA
F8A	13:30	Long Jump	NJL 20M		4	5	1	2	3				44	55	11	22	33		
F9	13:45	Discus (2.0kg)	Sen Men	D	A	R	B	W	G	V	N	DD	AA	RR	BB	WW	GG	VV	NN
F9A	13:45	Discus (1.75kg)	NJL 20M		1	2	3	4	5				11	22	33	44	55		
F10	14:00	Shot Putt (4.0kg)	Sen Wom	N	W	G	V	D	B	A	R	NN	WW	GG	VV	DD	BB	AA	RR
F10A	14:00	Shot Putt (4.0kg)	NJL 20W		2	3	4	5	1				22	33	44	55	11		
F11	14:15	Javelin (600g)	Sen Wom	V	R	A	N	B	W	D	G	VV	RR	AA	NN	BB	WW	DD	GG
F11A	14:15	Javelin (600g)	NJL 20W		5	1	2	3	4				55	11	22	33	44		
F12	14:15	Triple Jump	Sen Wom	R	N	V	W	G	A	B	D	RR	NN	VV	WW	GG	AA	BB	DD
F12A	14:15	Triple Jump	NJL 20W		3	4	5	1	2				33	44	55	11	22		
F13	15:00	High Jump	Sen Men	A	G	B	D	V	R	N	W	AA	GG	BB	DD	VV	RR	NN	WW
F13A	15:00	High Jump	NJL 20M		4	5	1	2	3				44	55	11	22	33		
F14	15:30	Discus (1.0kg)	Sen Wom	B	D	W	A	R	N	G	V	BB	DD	WW	AA	RR	NN	GG	VV
F14A	15:30	Discus (1.0kg)	NJL 20W		1	2	3	4	5				11	22	33	44	55		
F15	16:00	Triple Jump	Sen Men	G	V	N	R	A	D	W	B	GG	VV	NN	RR	AA	DD	WW	BB
F15A	16:00	Triple Jump	NJL 20M		2	3	4	5	1				22	33	44	55	11		
F16	16:15	Javelin (800g)	Sen Men	W	B	D	G	N	V	R	A	WW	BB	DD	GG	NN	VV	RR	AA
F16A	16:15	Javelin (800g)	NJL 20M		5	1	2	3	4				55	11	22	33	44		